

NATIONALS & NATIONAL OPEN

SWIMMING EQUIPMENT REQUIREMENTS

01 Goggles

Competitive goggles





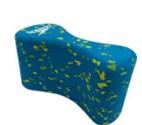
O2 Short Fing DMC - Ocean & Earth

Kickboard Speedo Eva Kickboard









Pull Buoy
Speedo or Funkita

05 Front Snorkel Michael Phelps or Arena for best fit







speedo Tech Paddle or TYR Catalyst

Swimming Cap
Purchase from the Club once registered as a Member





08 Skipping rope

Any decent skipping rope for fitness Rebel Sports sell this version

Theraband Light weight



Brink Bottle Keep hydrated!



Mesh Bag

To store your equipment in

